

# Summer Solstice 2024 Play All Day On The Longest Day





NELSON COUNTY PARKS & RECREATION

06.20.24

# 5:30AM - FIRST LIGHT HIKE THROUGH THE BLUE RIDGE

Guided Hike Through the Historic Blue Ridge Tunnel Location: East Trailhead of the Blue Ridge Tunnel



#### 9-11AM - PICKLEBALL OPEN PLAY

Open Play Pickleball Session for all ages and abilities Location: Rockfish Valley Community Center



## **10AM-NOON - POPSICLES ON THE PLAYGROUND**

Join us for a treat while we support RVCC and the newest playground in the county Location: Rockfish Valley Community Center



### 2-3PM - YOGA

Gentle Yoga open to all ages and abilities Location: Nelson Center



## 5-8PM - NELSON COMMUNITY PLAY CELEBRATION

Bounce Houses, Games, Nelson 4-H Archery Lessons, Food Trucks Location: Nelson Center



#### **ALL DAY - GET OUTSIDE ON THE TRAILS**

Visit: www.nelsoncounty.com/hikes-trails
Snap a Picture on Trails around Nelson County
Post them on Social Media. Tag: #HikeNelson and #PlayAllDayVA





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