



November 9, 2023
Care Fair



**DISCOVER AGING IN
YOUR COMMUNITY**

The second annual Care Fair will present over 30 exhibitors offering demonstration of products, written material and conversations for persons needing information or assistance as they age or care for a family member.

FEATURED SUPPORTS

- Blue Ridge Medical Center's Mobile Clinic offering free COVID-19 and Flu vaccines (bring your insurance card).
- 1:00 to 4:00 PM -
- JABA informing on nutrition, socialization, insurance counseling, and more.
- 1:00 to 4:00 PM -
- Elder Law Presentation by Doris Gelbman.
- 2:00 to 3:00 PM -
- Senior Health Care Presentation by Dr. Richard Lindsay.
- 3:00 to 4:00 PM -
- Virginia Veteran and Family Support Resources.
- 1:00 to 4:00 PM -
- Virginia Navigator Database information to find resources to fit your needs.
- 1:00 to 2:00 PM -



TIME & PLACE

Rockfish Valley Community Center
190 Rockfish School Lane
Afton, VA 22920
November 9, 2023 - 1:00 PM to 4:00 PM

SPONSORS

