

3 Steps to Safely Manage Your Opioid / Pain Prescriptions

Did you know opioid overdoses kill more Virginians than car accidents?
Opioids can be addictive and dangerous.

1. Take as prescribed

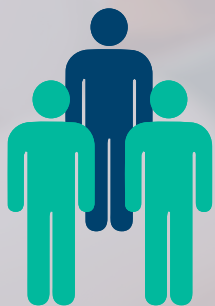
- Do not share medication with others.
- Take medicine only as prescribed.
- Ask your doctor or pharmacist if you have questions.

2. Lock it up

- Keep medications locked and out of sight of children and guests.

3. Dispose responsibly

- Dispose of unused or expired medication at drop boxes or with a medication disposal bag.



2 out of 3
people misusing prescription
pain medication got it from a
friend or relative.

Medication Disposal Options

Greene County Sheriff's Office
10005 Spotswood Trail, Stanardsville

Louisa County Sheriff's Office
1 Woolfolk Ave., Louisa

Fluvanna County Sheriff's Office
160 Commons Blvd., Palmyra

Sentara Martha Jefferson Hospital
Outpatient Pharmacy
500 Martha Jefferson Dr., Charlottesville

UVA Pharmacy (open 24 hours)
1240 Lee St., Charlottesville

Ask your local health department for a free
medication disposal bag.

Charlottesville/Albemarle - 434-972-6200

Fluvanna - 434-591-1960

Greene - 434-985-2262

Louisa - 540-967-3703

Nelson - 434-263-8315

Ask your pharmacist about
safe medication disposal options.

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For more information, contact prevention@regionten.org